

West Berkshire ME Support Group

August 2006

Newsletter

Issue 2

We had a good meeting in August, which included new introductions, exchange of news, general chat, interesting discussions, new ideas and the viewing of Dr Gibson's speech from the 2006 ME Conference. Below I have listed a roundup from the meeting:

WEBSITE ADDRESSES - David has produced an excellent list of useful Web site addresses, with a brief comment on each as to the type of information to found there which I have enclosed with this newsletter. If you have any useful addresses you wish to share, or would like to add your comments to those already on the list please send them to me.

OUR OWN WEBSITE - Following our discussions on how to help keep members in touch, supply a resource and reach those in our area who are affected by ME, Katy very kindly volunteered to create and host our own website, including providing us with our own website address (www.wbme.org) while I will provide the editorial content. It was agreed that it should be kept very simple with basic information about the group and links to useful information, e.g. a link to the list of useful website addresses. Once established I am sure there will many ways it can help - needless to say all ideas and requests are welcome!

2006 ME CONFERENCE DVD - Thanks to Clare's loan of her projector we showed MP Dr Ian Gibson's ME conference speech outlining the progress of his Independent Parliamentary Inquiry. Dr Gibson said he was very impressed with evidence he had heard from sufferers and Dr Carruthers (Canadian guidelines) also that there was an astounding amount of prejudice out there, including some GPs, and how even members of his own committee had not realised the how serious ME is. For details of the enquiry see www.erythos.com/gibsonenquiry/index.html His report is due to be presented to Government in October when it will also be put on the website. In the September I will be showing extracts from Dr Bruce Carruthers' speech describing his clinical diagnostic approach with the Canadian guidelines.

BABY NEWS - Congratulations to Helen and family on the birth of their baby daughter, Katie Elouise, who was born on the 4th May. Understandably Helen has not be able to come to our meetings recently, coping with a baby and ME must be a very difficult and we send them all good wishes.

Our next meeting is Fri 8 Sept 2pm-4pm

Louise Whitbread Tel: 01488686673 E-mail: louise_rlc@hotmail.co.uk